MEDIA RELEASE

From Fire in the Kitchen to the Flame of Fame
Life Heats Up in Comfort Food

WINNIPEG, November 10, 2026 – Family dynamics between a popular TV cooking host and her internet savvy teenage son play out on stage and in the kitchen as the Royal MTC presents *Comfort Food*.

"The love between parents and kids is fraught with miscommunication. This can be bewildering for parents, perhaps now more than ever," explains playwright Zorana Sadiq. "The internet surrounds young people, and with it, a demand for performance on social media that makes authenticity difficult to discern."

Set in a live cooking studio, Bette hosts a cooking show that's dwindling in popularity. Meanwhile, her son, KitKat, is a 15-year-old YouTuber who's gaining popularity with his views on climate change. With her show failing, the two hatch a plan for him to make a much-anticipated reappearance to boost ratings.

"I think that audiences will enjoy the deeply relatable interactions of teenagers and their parents. I also hope audiences will be surprised by who they find themselves rooting for," said Sadiq.

Comfort Food stars performers **Noah Grittani** as KitKat and **Zorana Sadiq** as Bette.

The creative team includes Playwright **Zorana Sadiq**. Director **Mitchell Cushman**, Set & Costume Designer **Sim Suzer**, Lighting Designer **Echo Zhou**, Sound Designer **Thomas Ryder Payne**, Video Designer **Tori Morrison**, Associate Director **Jill Harper**, Associate Lighting Designer **Sara Szymanski**, Associate Set & Costume Designer **Honey Hoseiny**, Stage Manager **Jeff Soucy**, Running Crew **Zahra Larche**.

Comfort Food runs from November 18 – December 6, 2026, at the Tom Hendry Warehouse. Showtimes and ticket information are available at by visiting the **Royal MTC website** or by calling Royal MTC Box Office at 204-942-6537.

Media Availability: Media are invited to attend the Media Call scheduled on November 18th from 1:30-2:30pm at the Tom Hendry Warehouse, 140 Rupert Ave. (Enter at the front door). The media call will include a short scene and interview opportunities.

Digital assets: Photos and b-roll will be available on November 17 at 12PM. Photos (credit: Dylan Hewlett) can be accessed on the **Royal MTC Media Centre** - **Username:** media; **Password:** Medi@24! and b-roll (credit: Reiner Cabalquinto) will be available upon request.

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About Royal Manitoba Theatre Centre
The Royal Manitoba Theatre Centre produces 10 plays on two stages, a regional tour, a wide range of youth programming and two festivals: Pimootayowin: A Festival of New Work and North America's second-largest Fringe, the Winnipeg Fringe Theatre Festival. Under the leadership of Artistic Director Kelly Thornton and Executive Director Evan Klassen, Royal MTC remains Manitoba's flagship theatre.

For more information or to set up an interview, please contact:

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